

KMPT Allied Health Professions Plan

2025 – 2028

Patients

- We will embed Talking Mats into clinical practice across the trust.
- We will embed sensory-focused practice across inpatient and community Allied Health Professional services.
- Our Sports and Exercise technicians will use physical activity to improve patient experience in inpatient settings.
- Our Speech and Language Therapists will support with effective communication to reduce violence and aggression.
- Our Occupational Therapists will use activity analysis and meaningful occupation to support independent functioning, self-regulation and to reduce self-injurious behaviours or behaviours that challenge.
- We will deliver Occupational Therapy specific assessment and interventions within the Community Mental Health Framework.
- Our Physiotherapists will lead on health promotion and physical health.
- We will provide Dietetic assessments for all inpatients who require them.
- We will assess and address our clinical environments to make sure they meet the needs of our patients e.g. those with Learning Disabilities or Autism.

People

- We will deliver an annual Allied Health Professions conference.
- We will host an annual Allied Health Professions Celebration Day.
- We will promote our Allied Health Professions specific awareness days.
- We will increase the number and diversity of student placements (*variety of placements, location of placements and with/for different Allied Health Professions*).
- We will host placements for Paramedic students within our mental health services.
- We will increase our participation in service evaluation, clinical audit, involvement in research.
- We will enable our staff to feel confident in their professional identities.
- We will provide opportunities for Allied Health Professionals to take on new and diverse roles (*apprenticeships, rotations, advanced clinical roles, non-traditional non-clinical roles*).
- We will provide development opportunities for AHP Support Staff through apprenticeships, training, coaching and mentoring.
- We will be proactive, engaged and compassionate leaders (*representing our professions throughout the organisation, providing opportunities to meet with and listen to staff, supporting staff to come together and work across organisational boundaries, actively supporting our teams and colleagues, taking on lead roles*).

Partners

- We will work in partnership and co-produce with our patients and their carers (*projects, QI, interventions*).
- We will work across Directorates to promote good practice through Allied Health Professional Forums and Conferences.
- We will work with colleagues in other disciplines to deliver patient focused outcomes.
- We will engage with other NHS organisations to learn from their experience and showcase our good practice (including neighbouring providers, other mental health organisations, collaborative networks, presentations at conferences).
- We will build relationships with universities training Allied Health Professionals across the UK (*including Canterbury Christ Church, Brighton, Anglia Ruskin, Coventry and East Anglia*).
- We will build stronger relationships within the Kent & Medway system.
- We will showcase our practice locally, regionally and nationally.